

# Sipscon 2026

42<sup>nd</sup> Annual Conference of the Branch of  
Indian Psychiatric Society (Kerala)

**Mental Health: Genesis to Senescence**

August 2026

**07 | 08 | 09**

IMA House, Kochi

Organized by  
Branch of Indian Psychiatric Society (Kerala) &  
Ernakulam Psychiatric Society



[sipscon2026.in](https://sipscon2026.in)

Dear friends and colleagues,

It is our great pleasure to invite you to SIPSCON 2026 – the 42nd Annual Conference of the Branch of Indian Psychiatric Society (Kerala), to be held at IMA House, Kochi on 7th, 8th and 9th August 2026. Kochi - the Queen of the Arabian Sea, warmly welcomes you to experience its rich heritage, scenic beauty, and vibrant cultural life, making it an ideal setting for this prestigious academic gathering.

The conference is being organised under the aegis of the Ernakulam Psychiatric Society and will offer a comprehensive scientific programme providing updates on current knowledge, evidence-based clinical practice, and emerging advances in psychiatry.

We look forward to welcoming you to Kochi for three enriching days of learning, collaboration, and fellowship at SIPSCON 2026.

**Dr. Pratheesh P. J.**  
Organising Chairman

**Dr. T. C. Vishnu**  
Organising Secretary

**Dr. Aswin Krishnan Ajit**  
Organising Treasurer

## Branch of Indian Psychiatric Society (Kerala)

### Office Bearers

**Dr. Anoop Vincent**  
President

**Dr. Sagar T.**  
Vice President

**Dr. Anees Ali**  
Hon. Gen. Secretary

**Dr. T. C. Vishnu**  
Hon. Treasurer

**Dr. Rajmohan Velayudhan**  
Hon. Editor, KJP

### Other Executive Committee Members

**Dr. Mohan Sundaram**  
Immediate Past President

**Dr. Joice Geo**  
Immediate Past Secretary

**Dr. Alfred V. Samuel**  
Executive Committee Member

**Dr. Mohan Roy G.**  
Member

**Dr. Jaimon P. M.**  
Member

**Dr. Sebind Kumar**  
Member

**Dr. Subramanian S. V.**  
Member

**Dr. Vinayak M.**  
Member

**Dr. Abdul Razak Kottelassal**  
Member

**Dr. Harsha Haridas**  
Member

**Dr. Namita Nazeer**  
Member

**Dr. Dayal Narayan**  
Member

**Dr. Indu V. Nair**  
Member

### Representative to IPS South Zone Branch

**Dr. Radhakrishnan M. P.**

# Ernakulam Psychiatric Society Executive Committee

**Dr. Anoop Vincent**  
President

**Dr. Pratheesh P. J.**  
Vice President

**Dr. T. C. Vishnu**  
Secretary

**Dr. Ringhoo Theresa Jose**  
Joint Secretary

**Dr. Aswin Krishnan Ajit**  
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**Dr. Jaimon P. M.**  
Member

**Dr. Tehmina Asif**  
Member

**Dr. Peace Jose**  
Member

**Dr. Rakesh Jacob Cherian**  
Member

**Dr. Benzir Hussain**  
Member

**Dr. Kuruvila Thomas**  
Member

**Dr. P. Joseph Varghese**  
Member

## SIPSCON 2026 Organising Committee

**Dr. Pratheesh P. J.**  
Organising Chairperson

**Dr. T. C. Vishnu**  
Organising Secretary

**Dr. Aswin Krishnan Ajit**  
Organising Treasurer

## Scientific Committee

**Dr. Jaimon P. M.**  
Chairperson

**Dr. Ashok Antony**  
Co-Chairperson

**Dr. Deenu Chacko**  
Member

**Dr. Praveen Arathil**  
Member

**Dr. Femi Abdulla**  
Member

**Dr. Lakshmi K. P.**  
Member

**Dr. Vineetha V. Jose**  
Member

**Dr. Sreeja Sreekumar**  
Member

**Dr. Shobitha George**  
Member

## Reception Committee

**Dr. Jayaprakash K. K.**  
Chairperson

**Dr. Peace Jose**  
Co-Chairperson

**Dr. Chinju Somanathan**  
Member

## Venue Committee

**Dr. Ringhoo Theresa Jose**  
Chairperson

**Dr. Benzir Hussain**  
Co-Chairperson

**Dr. Neeraj H.**  
Member

## Hospitality Committee

**Dr. Sitalakshmi George**  
Chairperson

**Dr. Tehmina Asif**  
Co-Chairperson

**Dr. Evelyn George**  
Member

## Sports Committee

**Dr. Rakesh Jacob Cherian**  
Chairperson

**Dr. Vivek Ullatil**  
Co-Chairperson

**Dr. Thomas Mathai**  
Member

## Food Committee

**Dr. C. J. Joseph**  
Chairperson

**Dr. Gargi Pushpalal**  
Co-Chairperson

**Dr. George Antony Lal**  
Member

## Palakkad Psychiatric Guild Best Psychiatry PG Paper Award 2026

Palakkad Psychiatric Guild Best Psychiatry PG Paper Award is an annual award instituted by the Branch of Indian Psychiatric Society (Kerala) out of the endowment received from Palakkad Psychiatric Guild aiming to promote research among **postgraduate students** of Psychiatry.

The original research paper should be from a recognized institute in Kerala, and **the presenting postgraduate student and all the other authors must be members of the Branch of Indian Psychiatric Society (Kerala)**. The writing format and referencing of the paper should adhere to the guidelines of the Kerala Journal of Psychiatry.

A maximum of 6 selected papers will have an oral presentation at SIPSCON 2026. The time allotted for oral presentation will be 8 minutes followed by 2 minutes of discussion for each paper. The Awards Committee will award the 3 best papers out of the selected papers following the oral presentation. First Prize: Rs. 7000/- and Certificate, Second Prize: Rs. 5000/- and Certificate, Third Prize: Rs. 3000/- and Certificate.

Submit a structured **abstract (anonymized** - without mention of names of authors/institution/ethics committee number or enabling identification of the institution) with a word limit of 300 words and a **covering letter** mentioning the names of the authors and contact addresses of all authors along with a **letter of authorization** from the Head of Department of Psychiatry of the institute (certifying postgraduate student status and that the study was done in the department under the supervision of a staff member) on or before **30th June 2026**. Abstracts submitted beyond the deadline will not be considered for the award.

The **final paper (anonymized** - without mention of names of authors/institution/ethics committee number or enabling identification of the institution) of the abstracts should be submitted through the web portal on or before **15th July 2026**. If the paper is selected for oral presentation at SIPSCON 2026, the **final Microsoft PowerPoint presentation** of the research paper should be submitted through the web portal on or before **28th July 2026**.

*For detailed information, visit [sipscon2026.in](http://sipscon2026.in)*

## Kollam Psychiatric Society Best Poster Award for Post Graduates 2026

Kollam Psychiatric Society Best Poster Award for Post Graduates is an annual award instituted by the Branch of Indian Psychiatric Society (Kerala) out of the endowment received from Kollam Psychiatric Society aiming to promote research among **postgraduate students** of Psychiatry.

The e-poster should be from a recognized institute in Kerala, and **the presenting postgraduate student and all the other authors (if any) must be members of the Branch of Indian Psychiatric Society (Kerala)**. The e-poster should follow the e-poster guidelines and design of the template given on [sipscon2026.in](http://sipscon2026.in)

A maximum of 10 e-posters will be selected for presentation out of the submissions received. These e-posters will be displayed and evaluated by judges selected by the Awards Committee at SIPSCON 2026. The poster presentation will typically consist of a 3-minute oral presentation followed by 1 minute of discussion. First Prize: Rs. 5000/- and Certificate, Second Prize: Rs. 3000/- and Certificate Third Prize: Rs. 2000/- and Certificate.

Submit a structured **abstract (anonymized** - without mention of names of authors/institution/ethics committee number or enabling identification of the institution) with a word limit of 300 words and a **covering letter** mentioning the names of the authors and contact addresses of all authors along with a **letter of authorization** from the Head of Department of Psychiatry of the institute (certifying postgraduate student status and that the study was done in the department under the supervision of a staff member) on or before **30th June 2026**. If the submitted abstract is selected for presentation, the **final e-poster** in Microsoft PowerPoint format should be submitted through the web portal on or before **15th July 2026**.

*For detailed information, visit [sipscon2026.in](http://sipscon2026.in)*

### **Venad Guild Young Psychiatrist Award 2026**

The Venad Guild Young Psychiatrist Award has been instituted by the Branch of Indian Psychiatric Society (Kerala) out of the endowment received from Venad Guild of Psychiatrists for promoting research interest among young psychiatrists. The award is given for the best original research paper by a young psychiatrist **aged 40 years or below**.

**All authors, including the presenting author should be members of the Branch of Indian Psychiatric Society (Kerala).** It should not have been presented or published elsewhere, either in part or whole. The writing format and referencing of the paper should adhere to the guidelines of the Kerala Journal of Psychiatry. The manuscript will be evaluated by a panel of three judges and the floor presentation will be evaluated by another panel of three judges.

The total marks for the Venad Guild Young Psychiatrist Award is 100 of which 70 marks will be given for the manuscript and 30 marks for the floor presentation. Out of the 70 marks allotted for the manuscript, 20 will be for relevance of the topic, 30 for the methodology and 20 for the quality of the write-up. The three manuscripts which score the highest marks will be selected for floor presentation at SIPSCON 2026. Out of the 30 marks allotted for floor presentation, 10 marks each will be for the quality of the PowerPoint presentation, coherence of presentation and discussion. The time allotted for floor presentation will be 8 minutes followed by 2 minutes of discussion.

The paper which scores the highest marks (manuscript + floor presentation) will be chosen for the Venad Guild Young Psychiatrist Award. The Award shall carry a certificate and cash prize of Rs. 10,000/-.

Submit a **manuscript (anonymized** - without mention of names of authors/institution/ethics committee number or enabling identification of the institution) and a **covering letter** mentioning the names of the authors, word count, number of tables and figures, and contact addresses of all the authors on or before **10th July 2026**. The submissions will be evaluated and the top 3 manuscripts will be selected for floor presentation at SIPSCON 2026. The **final Microsoft PowerPoint presentations** of the selected manuscripts should be submitted through the web portal on or before **28th July 2026**.

*For detailed information, visit [sipscon2026.in](http://sipscon2026.in)*

### **Ernakulam Psychiatric Society Oration Award 2026**

Ernakulam Psychiatric Society Oration Award is an annual award instituted by the Branch of Indian Psychiatric Society (Kerala) out of the endowment received from Ernakulam Psychiatric Society. This oration is delivered at each annual conference of the Branch of Indian Psychiatric Society (Kerala).

Any **fellow** of the Branch of Indian Psychiatric Society (Kerala) can propose the name of any other **fellow** of the society whose age is **above 60 years** for the oration award. **The proposal including the bio-data of the nominee** must be submitted to the Secretary, IPS-KSB along with the **written consent of the nominee**.

To be eligible for the award, the nomination shall be assessed on the following criteria:

- (a) Contribution to the service and development of Psychiatry in Kerala - 30 marks
- (b) Contribution to the Branch of Indian Psychiatric Society (Kerala) - 30 marks
- (c) Contribution to teaching, training, research and community awareness in Psychiatry - 20 marks
- (d) Overall seniority in Psychiatry, recognition, and standing amongst Psychiatrists in Kerala - 20 marks

A panel of judges selected by the Awards Committee of Branch of Indian Psychiatric Society (Kerala) shall rate the nominations. The bio-data sent will be the only tool for scrutiny, and its completeness and details contained within will determine the marks to maintain objectivity. The nomination securing the highest total marks (out of 100) shall win the award, subject to ratification by the awards committee and the executive committee of the Branch of Indian Psychiatric Society (Kerala). In case of a tie, the concerned nominations shall be re-assessed by another panel of judges. To win the award, at least 50 marks must be obtained by a nominee.

The entry for the award should be sent to the Secretary of the Branch of Indian Psychiatric Society (Kerala) Dr. Anees Ali, Manassanthi Hospital, Kaithakunda, Chelembra Post, Malappuram District- 673634 on or before **15th June 2026**.

The speaker can choose any topic for the oration. He shall intimate the title of the oration to the Secretary, IPS-KSB on or before **7th July 2026**. The award carries a Rs. 25000/- cash prize and a suitable scroll.

*For detailed information, visit [sipscon2026.in](http://sipscon2026.in)*

### **Dr. Abdul Rahiman Memorial Gold Medal Award for House Surgeons 2026**

Dr. Abdul Rahiman Memorial Gold Medal Award for **House Surgeons** is an annual award that has been instituted by the Branch of Indian Psychiatric Society (Kerala) out of the endowment received from the Calicut Psychiatric Guild in memory of psychiatrist Dr. Abdul Rahiman.

The examination will contain only multiple-choice questions and will be conducted simultaneously in all the colleges that are participating. First prize - Rs. 5000/- and Certificate, Second prize - Rs 3000/- and Certificate, Third prize - Rs 2000/- and Certificate.

The Dr. Abdul Rahiman Memorial Gold Medal Award for House Surgeons 2026 examination is proposed to be held at **2 PM on Wednesday, 15 July 2026.**

*For detailed information, visit [sipscon2026.in](http://sipscon2026.in)*

### **Mental Health Media Award 2026**

Mental Health Media Award is an annual award which has been instituted by the Branch of Indian Psychiatric Society (Kerala) to recognise outstanding contribution from media towards promotion of mental health presented at SIPSCON 2026.

Awards are given for news, news stories, features, and audio-visual programs related to the field of mental health in Kerala, for visual, print, and audio-visual media. Those features, news, and audio programs published/telecast/broadcast **between July 1, 2025 and June 30, 2026** are eligible for the award. The award consists of Rs 20,000 and a Certificate of Honour.

**Soft copies of entries** along with a **certificate from the editor** stating the authorship (production/direction) of the entry should be sent via e-mail to the Chairperson of the IPS-KSB Awards Committee and also to Secretary of the IPS-KSB on or before **15th July 2026.**

*For detailed information, visit [sipscon2026.in](http://sipscon2026.in)*

### **Annual Undergraduate Psychiatry Quiz 2026**

The Branch of Indian Psychiatric Society (Kerala) conducts an annual psychiatry quiz for undergraduate MBBS students at SIPSCON 2026.

All institutes offering MBBS courses are required to conduct a psychiatry quiz competition (preliminary) in their respective colleges and then send a team of 2 participants to represent their institute at the state level psychiatry quiz (final) to be conducted at SIPSCON 2026. If more than 6 teams are shortlisted for the state level quiz final, the Branch of Indian Psychiatric Society (Kerala) will conduct an online quiz amongst the shortlisted teams and select the top 6 teams who will then attend the quiz finals at SIPSCON 2026 on **7 August 2026; 2 PM at IMA House, Kochi.**

First Prize: Rs. 7000/- and certificates, Second Prize: Rs. 5000/- and certificates, Third Prize: Rs. 3000/- and certificates. The First Prize winning team will also get an opportunity to represent Kerala state at the South Zone conference of the Indian Psychiatric Society. Institutes should submit the **details of their 2 team members** via email to both Chairperson, Scientific Committee, SIPSCON 2026 & Chairperson of the IPS-KSB Awards Committee on or before **30th June 2026.**

*For detailed information, visit [sipscon2026.in](http://sipscon2026.in)*

### Free Paper presentation

The Branch of Indian Psychiatric Society (Kerala) invites submissions for research papers to be presented at SIPSCON 2026.

**The presenting author and all the other authors must be members of the Branch of Indian Psychiatric Society (Kerala).** The writing format and referencing of the paper should adhere to the guidelines of the Kerala Journal of Psychiatry. The selected papers will have an oral presentation at SIPSCON 2026. The time allotted for oral presentation will be 7 minutes followed by 1 minute of discussion for each paper.

Submit a structured **abstract** with a word limit of 300 words and a **covering letter** mentioning the names and contact addresses of all authors on or before **15th July 2026**. If the submitted abstract is selected, the **final Microsoft PowerPoint presentation** of the research paper to be presented at SIPSCON 2026 should be submitted through the web portal on or before **28th July 2026**.

*For detailed information, visit [sipscon2026.in](http://sipscon2026.in)*

### Free Poster presentation

The Branch of Indian Psychiatric Society (Kerala) invites submissions for e-posters to be presented at SIPSCON 2026.

**The presenting author and all the other authors must be members of the Branch of Indian Psychiatric Society (Kerala).** The e-poster should follow the e-poster guidelines and design of the template given on [sipscon2026.in](http://sipscon2026.in).

Submit a structured **abstract** and a **covering letter** mentioning the names and contact addresses of all authors on or before **15th July 2026**. If the submitted abstract is selected for presentation, the **final e-poster** in Microsoft PowerPoint format should be submitted through the web portal on or before **28th July 2026**.

*For detailed information, visit [sipscon2026.in](http://sipscon2026.in)*

### Free Paper presentation for MBBS undergraduates

The Branch of Indian Psychiatric Society (Kerala) invites submissions from MBBS undergraduates for research papers pertaining to psychiatry to be presented at SIPSCON 2026.

The **guide** or the **co-guide** of the undergraduate **should be a psychiatrist and a member of the Branch of Indian Psychiatric Society (Kerala)**. The writing format and referencing of the paper should adhere to the guidelines of the Kerala Journal of Psychiatry. The selected papers will have an oral presentation at SIPSCON 2026. The time allotted for oral presentation will be 7 minutes followed by 1 minute of discussion for each paper.

Submit a structured **abstract, permission letter** from the guide or co-guide who is a member of the Branch of Indian Psychiatric Society (Kerala) and a **covering letter** mentioning the names and contact addresses of all guides, co-guides and authors on or before **15th July 2026**. If the submitted abstract is selected, the **final Microsoft PowerPoint presentation** of the research paper to be presented at SIPSCON 2026 should be submitted through the web portal on or before **28th July 2026**.

*For detailed information, visit [sipscon2026.in](http://sipscon2026.in)*

# Registration Charges

Category	Early Bird (upto May 31st)	Till July 31st	Late & Spot
IPS-KSB Member	₹ 5,900 (5000 + GST)	₹ 7,080 (6000 + GST)	₹ 8,260 (7000 + GST)
IPS Member (National only)	₹ 7,080 (6000 + GST)	₹ 8,260 (7000 + GST)	₹ 9,440 (8000 + GST)
Non IPS-KSB Member	₹ 8,260 (7000 + GST)	₹ 9,440 (8000 + GST)	₹ 10,620 (9000 + GST)
PG Student - IPS-KSB Member	₹ 3,540 (3000 + GST)	₹ 4,720 (4000 + GST)	₹ 5,900 (5000 + GST)
PG Student - Non IPS-KSB Member	₹ 4,720 (4000 + GST)	₹ 5,900 (5000 + GST)	₹ 7,080 (6000 + GST)
Accompanying Person	₹ 2,360 (2000 + GST)	₹ 3,540 (3000 + GST)	₹ 4,720 (4000 + GST)
Senior IPS-KSB Member > 65 years	FREE (Members Only)	FREE (Members Only)	₹ 4,130 (3500 + GST)

**SIPS  
CON  
2026**

August 2026

**07 | 08 | 09**

IMA House, Kochi



Scan here for  
**Registration**

Conference Secretariat:  
Nair's Hospital, NH-66, Maradu, Kochi 682304

+91 70342 20390  
sipscon2026@gmail.com



**Sipscon** **2026**  
Mental Health: Genesis to Senescence



Organized by  
Branch of Indian Psychiatric Society (Kerala) &  
Ernakulam Psychiatric Society

For Registration, visit:  
**sipscon2026.in**